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Patient Name: _____ Date: _____

The doctor has ordered a **procedure** for you called a Clonidine Suppression Test.

The procedure is **scheduled for** _____ at _____
(date) (time)

If you are unable to keep your appointment, please call the office as soon as possible to reschedule. Please note that there is an office policy regarding missed or cancelled appointments.

Information about the procedure:

- It takes about 4 hours
- It is performed here at the doctor's office
- An Intravenous line will be used to obtain blood samples
- You will not need to make special arrangements for someone to drive you home after the procedure
- You will likely feel hungry when the procedure is over so you may want to bring something to eat

Preparation for the procedure:

- Fill the Catapres prescription at your pharmacy. **DO NOT** take the medication. **Bring it with you** when you come for the scheduled procedure
- Drink lots of water the day before the procedure and limit caffeine
- Do not eat or drink anything except plain water for 12 hours before the procedure...not even non-calorie drinks like coffee or tea**
- Do not take any morning medications that might upset your stomach. You can bring them with you to take after the procedure is completed if you would like to.
- Do not take any vitamins the morning of your procedure
- Wear comfortable clothes
- You might want to bring something to keep you occupied during the procedure like a book, magazine, music, needlepoint, etc.